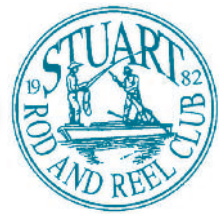


# Truelies

THE STUART ROD & REEL CLUB NEWSLETTER



## OCTOBER MEETING

This month's meeting of the Stuart Rod and Reel Club is scheduled for Wednesday Oct. 13th at our home port of Finz Restaurant. Food service begins at 6:30 PM, followed by our membership meeting at 7 PM. The menu for this month's meeting is Tossed Salad w/ranch dressing, Tilapia in Orange Rum Sauce, Broccoli & Chicken Alfredo, Roasted Red Potatoes, Veggies with Coffee, tea, iced tea, soda.

Our speaker this month is Dr. R. Gilmore.

Dr. Grant Gilmore is a Senior Scientist with Estuarine, Coastal and Ocean Science, Inc., (ECOS). Dr. Gilmore has been studying the fish community and ecology of Florida and Caribbean Sea for the past 35 years. He has published over 70 technical and popular papers on fish ecology and life history including reproductive habits of spotted seatrout, snook, groupers, and sharks. He has appeared on 16 nationally and internationally televised programs. His appearances include programs on the Discovery Channel, and the National Geographic Ocean Science Documentary on the first American research expedition into Cuban waters since the revolution.

Dr. Gilmore received his Ph.D., from the Florida Institute of Technology in 1988.

## Louisiana Fishing Report

Ten Club members went to Cajun Fishing Adventures in Buras Louisiana. The targeted species were trout and redfish. The oil spill did not seem to hamper fishing however, the long hot summer did have its effect. The trout fishing wasn't as hoped for. With the lack of cold fronts the trout had not "arrived". Some anglers had hopes of catching a trophy redfish (bull red). Expectations were high considering last year several redfish over twenty pounds were caught. The moon phase and tides were right. But, alas, the big redfish had not arrived yet either. Even though trout and big redfish were not to be; there were plenty of nice sized redfish to be caught.



## September's Outing

September's outing was a local slam lotto with a total length based on one fish per species. There was no minimum length; however two species were required to win. Four anglers caught trout and three caught snook. Bill Sneed, our outing host, was the only angler able to capture both species. His trout was 16" and the snook was 27" for a total of 43". Bill celebrated his win by throwing a great Bar-B-Q after the event! Outing participants and their family members were treated to hamburgers, brats, potato salad, chips and soft drinks. With more than 30 people in attendance this was a very popular event. Great job Bill!



## Fishing Reports

Snook were the subject of most of this month's fishing reports. However, Nikki Wykstra's 12" shellcracker caught at Lake Okeechobee was featured in the Stuart News recently. Another report out of the norm came from Jay Honan.

Snook season is a mixed blessing. It's nice to be able to keep the occasional fish, but at what price? During season it seems every spot you want to fish has some live bait pitching, bobber fishing wahoo and their cousin on it. I swear to God, when George and I went out the other night we saw a less sophisticated floating lawn chair rig than this.



At least this guy has a trolling motor.

George and I put in just before dark and started paddling towards our first light. In the dusk, from afar, we spot a large floating pile of debris. We paddle over believing it to be a sinking boat. We thought we were going to help. When we get up close, to our amazement, it's a guy with a lawn chair strapped to a large cooler and something else, possibly a homemade live well, just couldn't tell for sure. We were a little caught off guard. I know when a boat comes up on a shore fisherman proper etiquette dictates the boat move on. What is the proper etiquette when a kayak comes up on a floating lawn chair?

We had paddled a good way to reach this dock light and really had nowhere else to go. I said screw it and tossed my hard bait under the dock. I pulled out a small snook right in front of Lawn Chair Boy's bobber. Lawn Chair Boy did not seem too happy about it and George was keeping his distance from the whole thing. Lawn Chair Boy drug his bobber in and threw it right at me, his little finger mullet slapping down inches from my kayak. I start cussing and George starts paddling even further away. I release the fish and make another cast. I hear George's voice off in the dark distance, Jaaayyyy, time tooo goooooo. I'm still thinking "screw it". It is fishing though, my nirvana, and it shouldn't be ruined by a guy in a lawn chair strapped to a cooler. I start paddling towards George. Although not without a bit more cussing and a very loud yell "my daughter stopped using bobbbers when she was ten". Lawn Chair Boy aside we had a good night. I had a good eight fish with a couple nice ones and George had two nice snook and a beautiful redfish.



The St. Lucie Locks produced dozens of snook for some lucky anglers who got the word a couple of weeks ago.



## CHRISTMAS PARTY

This year's SRRC Christmas Party will be held at our homeport of Finz restaurant on December 10th. The cost is \$30 per person. Cocktails service begins at 6:30 PM (Cash Bar) with dinner at 7:00PM. The menu includes Tossed Salad, Carving Station-Roast beef, maple glazed ham, roast turkey, Green beans w/toasted almonds, cranberry sauce, garlic mashed potatoes, homemade stuffing, Bread & butter, Assorted mini Desserts, Coffee, tea, soda. Entertainment will include a disc jockey with dancing and a raffle.

We will finalize the contract with Finz December 1st by providing a final headcount and payment. You can reserve your seat(s) by sending a check (payable to Stuart Rod & Reel Club) to

**John Dryfka at  
6951 S.E. Twin Oaks Circle, Stuart, FL 34997.**

He will also collect them at the October and November meetings.

As in past years the Club is supporting Toys for Tots. If you would like to participate, please bring an un-wrapped gift.

Please reserve this date on your calendar for the 2010 SRRC Xmas Party. We hope to see you there!

## October Outing

This month's outing is scheduled for Saturday, October 16th. The outing will launch from the Sebastian Inlet State Park on Orchid Island. There are 4 boat ramps with plenty of parking located in the park on the south side of Sebastian Inlet. The park is open 24/7, with admission fees of \$8.00 per vehicle (2-8 people) and \$4.00 for single occupant vehicles.

For this outing no food will be provided by the club so bring your own lunches if you wish.

The outing will be a 'Slam,' consisting of the total length of one each Snook, Redfish, Trout, Pompano, Snapper and Flounder. There are no minimum length requirements. Pictures for True Lies would be appreciated. Starting time is first-safe light. I will be at the boat ramp area starting at noon, until 12:30 PM to collect scores.

The distance to the park via Route 1 is approx 50 miles, with a 1 hour, 30 minute driving time; the distance via I-95 is approx 75 miles with about the same driving time but far fewer traffic lights. If you don't enjoy getting up very early to be at the on the water at first light, there are a few hotels in the area. However, most decent hotels are more than 15 miles from the park and this is 'season,' so hotels are expensive and fill up fast. Also, parking your boat & trailer in some hotel parking lots can be challenging. Long Point County Park which is located about 3 miles north of Sebastian Inlet State Park on A1A has excellent camping facilities. Some hotels in the area include:

**Holiday Inn** Melbourne-Oceanfront, FL  
2605 N. Hwy.A1A, Indialantic, FL / (321) 777-4100

**Holiday Inn**-Vero Beach  
3384 Ocean Dr / (772) 231-2300

**Tuckaway Shores Oceanfront Resort**  
1441 S Miramar Avenue Hwy A1A, Indialantic, FL  
(321) 723-3355

There are only a few places to eat in the vicinity of the park. Two restaurants with decent food short of driving into Sebastian or Melbourne proper include:

**Rosati's Italian Restaurant** (about 10 miles)  
5935 S Highway A1A, Melbourne Beach, FL  
Excellent Pizza & Dinners / (321) 723-1967

**Long Point Café** (about 3 miles)  
100 Long Point Rd, Melbourne Beach, FL 32951  
Excellent Breakfast & Lunch, 7:00 AM - 3:00 PM  
(321) 723-8839

In the event you need bait or tackle, the following tackle shops can take care of most of your needs. The two that sell live bait open at 6:00am last year. Suggest you confirm opening times:

**Whitey's Bait & Tackle** (live bait) (about 5 miles from the park). 9030 S Highway A1A, Melbourne Beach, FL  
(321) 724-1440

**Wabasso Tackle Shop** (about 20 miles; at intersection of Rt 1 & Hwy 510). 4720 85th St, Vero Beach, FL  
(772) 589-8518

**Long Point Bait & Tackle** (live bait) (about 3 miles from the park). 100 Long Point Rd, Melbourne Beach, FL  
(321) 984-4131

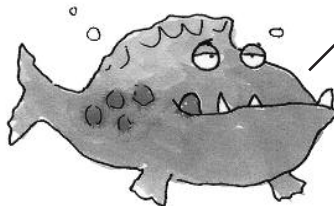
Fishing is great in the inlet channel and the mouth of the Sebastian River. There are a number of good, productive grass flats on the Indian River both north and south of the inlet. Additionally, there are several spoils islands on the western side of the river, north of the inlet. The tides at the inlet won't be the greatest on Saturday the 16th: Hi 5:36 AM, Lo 12:44 PM, with a 59% moon the night before. Sunrise is at 7:23 AM. If the weather holds, the fishing should be great.

If you have an empty seat in your boat and want some company on this trip, please announce that at the next meeting. It's nice to have someone to share expenses with. Please join

## True Lies Photo Contest Winner



Photo taken by Steve Krivokopich



"Even if you've been fishing for three hours and haven't gotten anything except poison ivy and sunburn, you're still better off than the worm. ~Author Unknown~

## **Fishing Tip** **Fishing the D.O.A. Bait Buster**

By Jerry McBride

The Bait Buster comes in three models: Shallow Runner, Deep Runner and Trolling. Worked at the proper speed, each model precisely imitates a finger mullet. As with other lures, tie the Bait Buster to the leader with a loop knot. The loop connection allows much more freedom of movement and generates greater life-like action in any lure. After you catch a fish, check the leader near the lure to see if it is frayed. If it is, cut off the frayed end and retie. Frayed leader obviously breaks more easily, but is also more visible to fish, and will deter bites. We also recommend that you carry a small hook file to make sure the hook stays sharp. A sharp hook is absolutely critical, especially when targeting tarpon.

### **Shallow Runner**

The Shallow Runner Bait Buster can be used to imitate a top water lure, but is much more versatile. With a single upright hook and hook eye at the front of the lure, it can run snag free in foot-deep water, ideal for shallow grass flats at first light.

Although it is a slow-sinking lure, you can walk the dog, twitch it, or wake it along the surface by raising the rod tip. However, it also excels when retrieved just beneath the surface. Cast it upstream of the target area, allow it to sink for a couple of seconds, and retrieve it slowly and steadily or with a slight twitching motion. The key is to retrieve it at the right speed; too slow, and the tail doesn't wiggle. Too fast, it breaks the surface. When that happens, hesitate the retrieve a couple of seconds, letting it sink. That hesitation often triggers a strike. Otherwise, continue the retrieve.

At just the right speed, the tail wiggles enticingly as the lure runs just beneath the surface—shallow enough that you can watch fish strike. It's perfect for those days when fish refuse to break the surface to eat a lure. And if you miss a strike at the surface, the Shallow Runner Bait Buster gives you the option of letting it sink like a stunned bait fish. This frequently entices a second strike deeper in the water column. The sharp, thin-wire hook makes setting the hook on giant spotted seatrout and snook easy, but is less damaging to fish than lures with multiple treble hooks.

### **Deep Runner**

The 5/8-ounce Deep Runner Bait Buster is more versatile for casting in deeper water. With the hook eye positioned on top of the lure, it dives quickly and can be retrieved at a variety of speeds and depths. A simple, steady retrieve is very effective. Both the Deep Runner and Trolling models feature heavier hooks to stand up to bigger fish. This model excels for catching rolling inshore tarpon. Cast in front of the fish and allow the Bait Buster to sink. If the fish doesn't strike on the drop, begin a slow retrieve. Experiment with various drop counts until you discover the depth at which the fish are feeding.

### **Trolling Bait Buster**

Similar to the Deep Runner (the two are somewhat interchangeable), the 1-ounce Trolling Bait Buster was designed for catching tarpon, grouper, cobia, dolphin, bonito and other offshore fish. The heavier weight makes it dive faster, and allows the lure to track and swim well at higher speeds and greater depths. It is an outstanding lure to throw in front of rolling tarpon along the beach and offshore. Simply allow it to sink, and retrieve it slowly and steadily if the tarpon doesn't strike on the drop. Again, make certain the hook is sharp.

As the name implies, the Trolling Bait Buster is excellent for trolling both inshore and offshore. It also makes a superb pitch bait for dolphin or cobia which appear around the boat or under floating debris. Inshore, it excels for casting in deep, fast current—such as around bridge structure and passes—for tarpon, striped bass and snook. Even giant tripletail has been known to inhale it.

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### **Foil Pouch Grilled Snook**

- 4"–12" square sheets of aluminum foil
- 2–6oz Snook fillets, skin on and boneless
- sea salt and freshly ground pepper to taste
- 3 tbsp mayonnaise
- 1 tbsp grain mustard
- 1 tbsp lemon juice
- Salt to taste
- 1 cup lump crab meat
- 1 green chili pepper, thinly sliced
- 1 rib celery heart (approx 8" long), thinly sliced on the bias
- ½ sweet yellow onion (Vidalia, Texas or Maui), sliced thinly
- sea salt and freshly ground pepper to taste

Season fillets of Snook with sea salt and freshly ground black pepper.

In a bowl, combine mayonnaise, grain mustard, and lemon juice. Season to taste with salt. Set aside.

In a bowl, combine crabmeat, lemon juice, sliced green chili, celery, and sliced onion. Season to taste with sea salt and freshly ground black pepper. Set aside.

Spoon the mayonnaise mixture evenly over the fillets of Snook. Set aside.

Lay 2 sheets of aluminum foil on a flat work surface, one on top of the other. Place a quarter of the onion mixture in the center of the foil.

Top with the Snook fillet. Top the fish with a quarter of the onion mixture. Roll up the foil into a pouch and press the edges to seal firmly.

Repeat

Preheat grill to medium high. (400°F to 450°F)

Place Snook pouches in the centre of the grill and close grill lid. Bake for 15 to 18 minutes turning once until fully cooked.

Carefully remove pouches from grill and allow to rest for 3 minutes.

Carefully open pouches allowing the steam to escape (be careful as this can be very hot) and serve immediately.

Serves 2

**Conservation Report** by Jim Harter

The St. Lucie Estuary continues to hold a lot of fresh water which in turn keeps the water turbid with low visibility and less bait fish, snook and trout that would normally be in the system. With this tropical storm passing over us, I doubt that things will change. What is unusual is that the salinity in the North Fork of the St. Lucie has been lower than the South Fork. St. Lucie County with all of it's building and new impervious surfaces over these last few years have caused a lot more fresh water running off into the river.

**SRRC Dues**

The membership dues for the Stuart Rod and Reel Club are as follows:

Individual membership is one adult 18 years of age or older. Family membership consists of the member, their spouse or significant other, and children under the age of 18. Fully paid membership begins the first day of January, and end on the thirty first day of December of each calendar year.

- Individual membership for a full year is \$60.00 (January thru December)
- Family membership for a full year is \$85.00 (January thru December)
- Individual membership for a partial year is \$40.00 (July thru December)
- Family membership for a partial year is \$65.00 (July thru December)

**Send your checks payable to:**

Stuart Rod and Reel Club  
 c/o John Dryfka  
 6951 S.E. Twin Oaks Circle  
 Stuart, FL 34997

*You must be a paid member in order for your catch to qualify as a tournament winner!*

**2011 Officer & Governor Nominations**

The Nomination Committee has received the following submittals for the four (4) Officer, and three (3) Governor Positions for the 2011 calendar year. They are as follows:

- Frank Pryzbylski - President
- Roger Sharp - Vice President
- John Dryfka - Treasurer
- Bill Sneed - Secretary
- Jim Bohrer - Governor
- Ken Dara - Governor
- Steve Krivokopich - Governor

At the October 13th meeting every member shall have the opportunity to submit their names as a candidate for any of the above positions. When this meeting concludes no further candidate nominations shall be accepted. The election for 2011 Officers and Governors shall take place at the November meeting.

**BOARD OF GOVERNORS:**

President:	Frank Pryzbrski	1pratt@comcast.net	221-3888
Vice President:	Roger Sharp	sharpflite@comcast.net	595-5984
Treasurer:	John Dryfka	johndryfka@comcast.net	221-7807
Secretary:	Bill Sneed	williamsneed@att.net	463-8294

**Board of Directors**

Ken Dara	Director	kendara@comcast.net	546-8467
Jim Bohrer	Director	halieutics@gmail.com	301-648-2052
Steve Krivokopich	Director	steve.krivokopich@gmail.com	772-631-1883
Angling Comm.:	Melinda Buckley	captmellyb@aol.com	607-1309
Membership Comm.	Eric Hutter	emhlbr@comcast.net	463-7112
Meeting Speakers:	Jim Bohere	halieutics@gmail.com	301-648-2052
Raffle Chairman:	Jim Harter	pjharter@comcast.net	223-0648
Newsletter Editor:	Steve Krivokopich	steve.krivokopich@gmail.com	772-631-1883
Newsletter Graphics:	Ken Dara	kendara@comcast.net	546-8467
Conservation Coordinator:	Jim Harter	pjharter@comcast.net	223-0648

*e-mail all copy and photos to Steve Krivokopich at [steve.krivokopich@gmail.com](mailto:steve.krivokopich@gmail.com)*



# 2010 SRRC Outings Schedule

Approved:01/06/10

<b>Date:</b>	<b>Outing/Event:</b>	<b>Details:</b>	<b>Contacts:</b>	<b>Winners:</b>
January 16th or 17th <b>Lotto Drawing</b>	<b>Local Pompano</b>	Longest fish to the fork of the tail wins. No minimum length.	Steve Krivokopich 772-631-1883	Kirk Herbst
February 13th	<b>2 lb. Test Outing</b> Line supplied by Berkley	Trash Can Slam—Ladyfish, Jack, Catfish. No measuring required. Just fun, log in number of slams using 2lb. test	Nikki Wykstra 772-219-0514	To Be Announced
March 13th	<b>Round Island</b>	Most Number of Species Caught. No measuring required. If there is a tie winner determined by drawing.	Roger Sharp 772-595-5984	Ken Dara
April 10th or 11th	<b>Berkely Outing</b>	Total length of all Trout, Pompano, Snook, Redfish & Tarpon, no minimum length. Use supplied lures only.	Larry Perotin 561-301-5428	Craig Halliwill
April 17th	<b>Group Jupiter Trip</b>	Group Jupiter Boat Trip	Melinda Buckley 772-607-1309	
May 15th or 16th <b>Lotto Drawing</b>	<b>Local Trout</b>	Longest Trout	Jim Bohrer 301-648-2052	Jordan Pearlman
June 12th	<b>Punta Gorda (Cancelled)</b> <b>Most Snook Caught</b>	Slam – Total length of one each Trout, Pompano, Snook, Redfish, & Tarpon no minimum length. Must have at least 2 species to to win.	Melinda Buckley 772-607-1309	Tony Tarragossa Jim Harter
July 17th or 18th <b>Lotto Drawing</b>	<b>Offshore</b>	Longest fish wins. Any species. No minimum length.	Melinda Buckley 772-607-1309	Jerry Hoge
August 14th or 15th	<b>DOA Inshore Slam</b>	Total number of inches of Trout, Snook, Redfish & Tarpon. Must use DOA supplied lures only. No limit to number of fish. All except Tarpon must be legal size.	Steve Krivokopich 772-631-1883	Tony Tarragossa
September 11th <b>Lotto Drawing</b>	<b>Local Slam</b>	Slam – Total length of one each Trout Snook, & Tarpon. No minimum length. Must have at least 2 species to to win.	Bill Sneed 772-463-8294	Bill Sneed
October 16th	<b>Sebastian</b>	Slam – Trout, Pompano, Snook, Redfish Snapper & Flounder. Total length of one each species. No minimum length.	John Dryfka 772-221-7807	
November	<b>Event: Club Social</b>	Details to be announced	Frank Pryzbylski 772-221-3888	
November 13th	<b>Mosquito Lagoon</b>	Slam – Total length of one each, Snook, Snapper, Redfish, Trout & Black Drum. No minimum length. Must have at least 3 species to to win.	John Dryfka 772-221-7807	
December	<b>Event: Christmas Party</b>	Details to be announced		
December 11th <b>(night Outing)</b>	<b>Local Snook</b>	Longest Snook wins, no minimum length. NIGHT OUTING	Melinda Buckley 772-607-1309	

*Note: Where feasible, the club will supply food at all events,*

## SRRC 2010 Outing Rules

Remember that all Stuart Rod and Reel Club outings are based purely on the honor system.

Boundaries for "Local" Outings shall be as follows. The Northern boundary shall be the North jetty of the Fort Pierce inlet, and the Southern boundary shall be the South Jetty of the Jupiter inlet.

For the 2 lb test outing, anglers may not use more than three (3) feet of leader material which must be tied directly to the 2 lb test line. All registered anglers will receive 30 feet of 2lb test supplied by Berkley.

All daylight "Local Outings" shall begin at first safe light in the morning with lines out of the water by noon. Scores must be turned into the Outing contact by 12:30 PM on the day of the outing at Sandsprit Park, the announced alternate location, or by phone to the Outing Contact (refer to the outing schedule for the Contact phone number).

All "Night Time Local Outings" shall begin at 6:00 PM with lines out of the water by Mid-night. Scores shall be turned in to the Outing Contact by phone no later than noon on the day following the Outing (refer to the outing schedule for the Contact phone number).

For "Out of town Outings" fishing shall begin at first safe light in the morning. Scores shall be turned in to the Outing Contact by the designated time on the day of the outing (refer to the outing schedule for the Contact phone number).

For "Manufacturer Sponsored Outings" you may only use the products supplied by the sponsoring company at the membership meeting preceding the outing.

Outing result disputes shall be settled by the Angling Director, the Outing Contact, and the designated Board member

While guest are always welcome to join members during our outings, you must be a paid member of the SRRC to be eligible to win an outing. Members under the age of 18 must be accompanied by a parent or legal guardian to participate in an outing.